# Top NLO COPD Articles of 2014

by NEWLIFEOUTLOOK TEAM

**Two New Treatments for COPD Offer Hope**

Two experimental therapies, one a herb and one a drug, may be effective in treating COPD.

**Infographic: Causes and Prevention of COPD**

COPD is a lung disease often caused by long-term smoking, although other factors can also be involved. Learn more about causes and prevention of COPD.

**Habits That May Aggravate COPD Symptoms**

Some of your daily habits may be contributing to your COPD symptoms. Avoid these four things and see if you feel some relief.

**New Drug Improves Lung Function in COPD Patients**

An experimental drug for chronic lung disease may help improve COPD lung function, a new study has shown.

**Fall Soups for COPD**

Try some of these delicious, healthy soups to help ward off colds and the flu this chilly season.

**COPD and the Flu**

If you are a COPD sufferer, you need to be more careful than most people to avoid a cold or flu during the chilly season. Try these tips.

**New COPD Drug Gains FDA Approval**

A new COPD drug has hit the market after receiving FDA approval. The new medication was very effective in improving lung function in patients during clinical trials.

### Disability Access for COPD

Since COPD symptoms can vary so much, it can be difficult to know which disability services you might be eligible for, and how to go about getting them. Learn more here.

### Lung Flute for COPD

A new treatment method for COPD patients has been discovered, and may offer hope to patients who haven’t responded to other treatment methods. The lung flute is a tool that helps remove the phlegm from the bottom of the lungs, making breathing much easier.

### Stages of COPD

COPD symptom progression is not divided into clear, visible stages. Instead, professionals use the COPD GOLD stages as criteria to track the disease.