



## Top NLO COPD Articles of 2014

by NEWLIFEOUTLOOK TEAM

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### **Two New Treatments for COPD Offer Hope**

Two experimental therapies, one a herb and one a drug, may be effective in treating COPD.

### **Infographic: Causes and Prevention of COPD**

COPD is a lung disease often caused by long-term smoking, although other factors can also be involved. Learn more about causes and prevention of COPD.

### **Habits That May Aggravate COPD Symptoms**

Some of your daily habits may be contributing to your COPD symptoms. Avoid these four things and see if you feel some relief.

### **New Drug Improves Lung Function in COPD Patients**

An experimental drug for chronic lung disease may help improve COPD lung function, a new study has shown.

### **Fall Soups for COPD**

Try some of these delicious, healthy soups to help ward off colds and the flu this chilly season.

### **COPD and the Flu**

If you are a COPD sufferer, you need to be more careful than most people to avoid a cold or flu during the chilly season. Try these tips.

### **New COPD Drug Gains FDA Approval**

A new COPD drug has hit the market after receiving FDA approval. The new medication was very effective in improving lung function in patients during clinical trials.

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## **Disability Access for COPD**

Since COPD symptoms can vary so much, it can be difficult to know which disability services you might be eligible for, and how to go about getting them. [Learn more here.](#)

## **Lung Flute for COPD**

A new treatment method for COPD patients has been discovered, and may offer hope to patients who haven't responded to other treatment methods. The lung flute is a tool that helps remove the phlegm from the bottom of the lungs, making breathing much easier.

## **Stages of COPD**

COPD symptom progression is not divided into clear, visible stages. Instead, professionals use the COPD GOLD stages as criteria to track the disease.