



## Who Does COPD Affect?

by NEWLIFEOUTLOOK TEAM

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### COPD Patient Statistics

COPD can affect anyone, even non-smokers, however it's most common in Caucasian women over 55.

Even if you don't match that description, it's important to remember that being short of breath is not a normal part of aging. See your doctor if you're finding that you're short of breath when doing activities that don't normally require a lot of energy, like climbing stairs.

Check out the COPD statistics infographic below and see where you fit in.

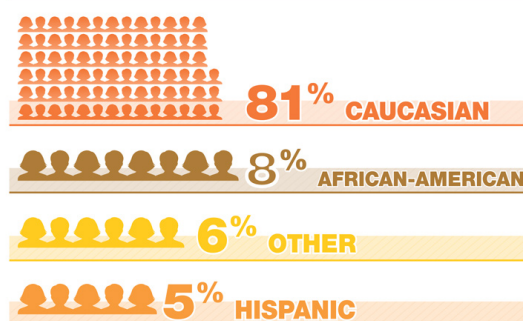
From: National Heart, Lung, and Blood Institute

# THE FACE OF COPD

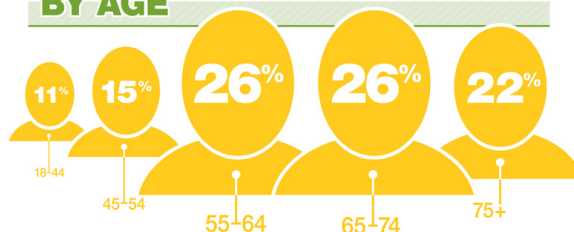
**COPD** Learn More  
Breathe Better®  
A program of the National Institutes of Health.



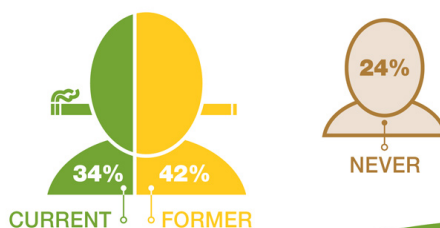
## BY RACE



## BY AGE



## BY SMOKING STATUS



**As many as 12 million people have COPD,** and don't know it. If you have a chronic cough or are short of breath when doing everyday activities, it's not normal aging. See your doctor. COPD is serious, but with treatment you can breathe easier and live better.

Learn more about COPD, visit <http://COPD.nhlbi.nih.gov>



National Heart, Lung,  
and Blood Institute

U.S. Department of Health and Human Services  
National Institutes of Health

CDC. Chronic obstructive pulmonary disease surveillance-United States, 2011.  
MMWR 2012;61(46):938-943.

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