

Who Does COPD Affect?

by NEWLIFEOUTLOOK TEAM

COPD Patient Statistics

COPD can affect anyone, even non-smokers, however it's most common in Caucasian women over 55.

Even if you don't match that description, it's important to remember that being short of breath is not a normal part of aging. See your doctor if you're finding that you're short of breath when doing activities that don't normally require a lot of energy, like climbing stairs.

Check out the COPD statistics infographic below and see where you fit in.

From: National Heart, Lung, and Blood Institute

