



Does My State's Air Quality Matter?

by NEWLIFEOUTLOOK TEAM

The Best States to Live in with COPD

The air pollution in your state has the ability to make your COPD symptoms worse.

Take a look at the number of smokers and the air quality in your state. How does your state rank? You may not have the option to pack up and move, but consider these factors next time you're planning an out-of-state trip or vacation.

From COPD Connect

STATES of COPD
THE BEST STATES TO LIVE IN

If you're tired with COPD, get what a big difference the state where you live could make.

CLEAN VS. POLLUTED AIR

Good Air Quality is measured by the Air Quality Index

Very unhealthy Levels according to the Air Quality Index

AIR POLLUTION

BEYOND LEVELS OF OZONE, COPD EXPERTS WISH FOR FORECASTS OF AIR QUALITY IN YOUR AREA. VISIT WWW.AIRNOW.GOV

NUMBER OF SMOKERS (PER 100,000)

SMOKING AND SECOND-HAND SMOKE MAY EITHER CAUSE COPD OR MAKE IT WORSE. IT'S BEST TO AVOID AREAS WHERE SMOKING IS PREVALENT.

DEATHS FROM COPD (PER 100,000)

BEST OF THE BEST

State: _____ Zip: _____

HAWAII

Local Deaths: 14
Air Quality: 1A
Level of Smokers: 10
AVG. Rank: 13

UTAH

Local Deaths: 48
Air Quality: 2nd
Level of Smokers: 12
AVG. Rank: 12

MASSACHUSETTS

Local Deaths: 18
Air Quality: 10th
Level of Smokers: 10
AVG. Rank: 12.5

MINNESOTA

Local Deaths: 68
Air Quality: 1A
Level of Smokers: 10
AVG. Rank: 13

NEW JERSEY

Local Deaths: 2nd
Air Quality: 20th
Level of Smokers: 10
AVG. Rank: 13.5

THE MOST-IMPROVED STATES 2208251

AIR QUALITY CHANGES				NUMBER OF SMOKERS			
Measuring how often smoggy days occur				Measuring how many people smoke			
STATE	2000	2011	DIFFERENCE	STATE	2000	2011	DIFFERENCE
Georgia	12	10	-2	North Dakota	52.4	51.2	-1.2
Alabama	12	11	-1	South Dakota	51.8	51.7	-0.1
Michigan	11	10	-1	Connecticut	47.4	47.2	-0.2
Tennessee	10	9	-1	Arizona	47.1	46.9	-0.2
Connecticut	10	9	-1	Vermont	32.1	31.9	-0.2
Illinois	10	9	-1	Michigan	31	29.9	-1.1
New Jersey	9	8	-1	Florida	30.4	29.8	-0.6
Ohio	9	8	-1	Hawaii	30.1	29.1	-1
Delaware	11	10	-1	Maryland	29.7	29.2	-0.5
Massachusetts	11	10	-1	Delaware	29.7	29.1	-0.6

© 2012 COPD connect. www.copdconnect.com